

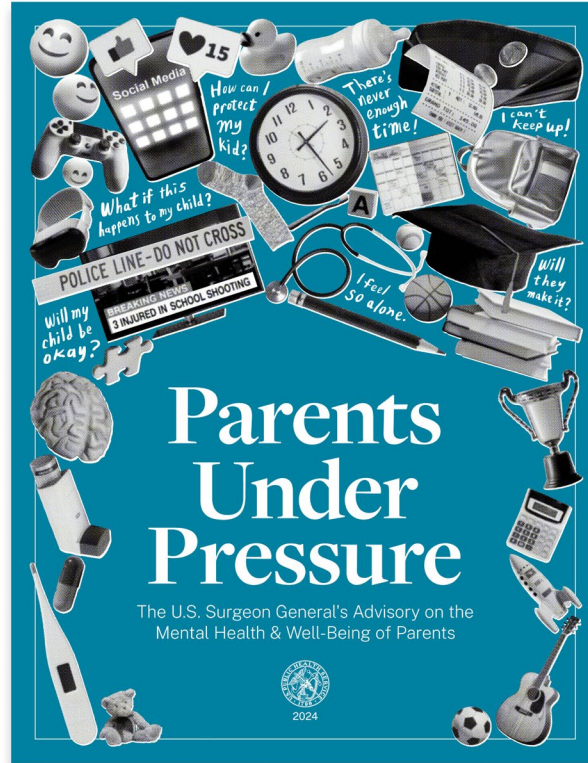


BETTER WORLDS START WITH GREAT FAMILIES

AND GREAT FAMILIES START WITH US



We need a fundamental shift in how we value and prioritize the well-being of parents and caregivers.



Office of the
U.S. Surgeon General

Read the Surgeon General's Advisory and
learn more at: [SurgeonGeneral.gov/parents](https://www.surgeongeneral.gov/parents)

Nurse-Family Partnership® is an evidence-based, community health program with 45 years of research showing significant improvements in the health and lives of first-time moms and their children affected by social and economic inequality.



"There is a magic window during pregnancy...it's a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty, instability or abuse with the help of a well-trained nurse."

David Olds, PhD
Founder of Nurse-Family Partnership
Professor of Pediatrics at University of

Colorado

BETTER WORLDS START WITH GREAT MOTHERS.



AND GREAT MOTHERS START WITH US.

OUR VISION

A future where all
children are healthy,
families thrive,
communities prosper
and the cycle of
poverty is broken.





385,375+
NFP FAMILIES SERVED

Since replication began in 1996

40
STATES

plus Washington, D.C.,
the U.S. Virgin Islands and
some Tribal Communities

\$ RETURN

Every \$1 invested in NFP saves
\$5.70 in future costs for the
highest-risk families served*



KEY GOALS

- Improve Pregnancy Outcomes
- Improve Child Health and Development
- Improve Economic Self-Sufficiency of the Family

HOW IT HAPPENS

EXPERTS:

Specially-educated nurses

PROVEN:

Extensive and compelling evidence

INTENSIVE:

Pregnancy through age 2

TIMELY:

First 1000 days



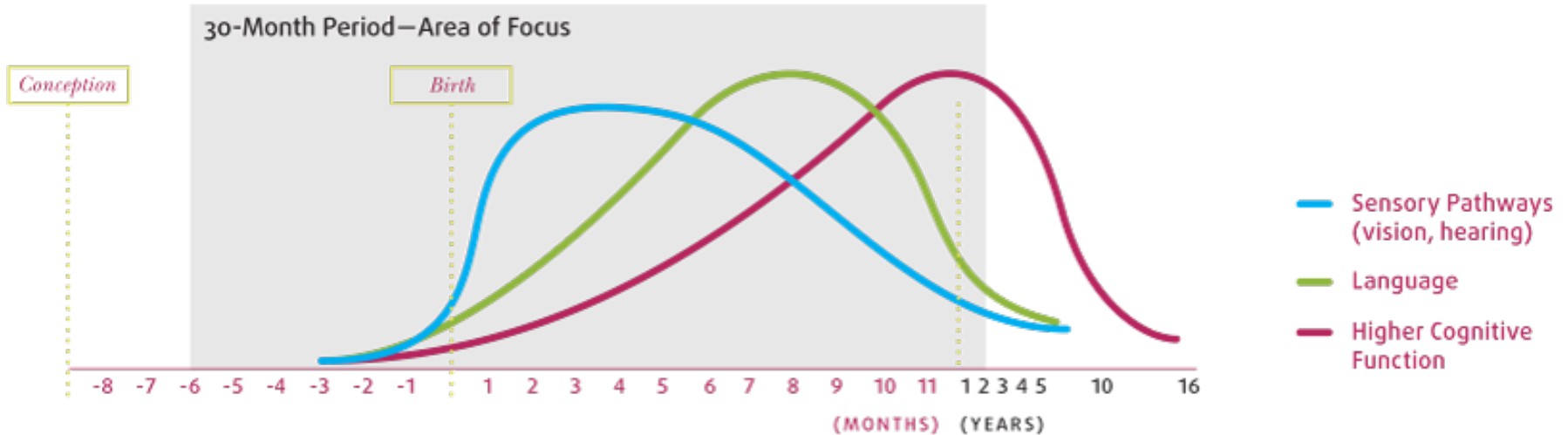
THE FIRST 1,000 DAYS

- Early experiences influence the developing brain
- Toxic affects of chronic stress
- Adversity can lead to lifelong problems
- Early intervention can prevent consequences
- Stable, caring relationships essential for development



BRAIN DEVELOPMENT

Synapse formation dependent on early experiences



Source: Nelson, C.A., *From Neurons to Neighborhoods* (2000).
Shonkoff, J. & Phillips, D. (Eds.)

GOLD STANDARD RESEARCH



1977
Elmira, NY
400
Low-income whites
Semi-rural area



1990
Memphis, TN
1,138
Low-income blacks
Urban area



1994
Denver, CO
735
Large proportion of Hispanics
Nurses and paraprofessionals

Trial outcomes demonstrate that Nurse-Family Partnership delivers against its three primary goals of better pregnancy outcomes, improved child health and development and increased economic self-sufficiency — making a measurable impact on the lives of children, families and the communities in which they live.

For example, the following outcomes have been observed among participants in at least one of the trials of the program.



TRIAL OUTCOMES

48% reduction in child abuse and neglect¹

56% reduction in ER visits for accidents and poisonings²

50% reduction in language delays of child age 21 months³

67% less behavioral/intellectual problems at age 6⁴

79% reduction in preterm delivery for women who smoke⁵

32% fewer subsequent pregnancies⁵

82% increase in months employed⁷

61% fewer arrests of the mother¹

59% reduction in child arrests at age 15⁸

1. Reanalysis Olds et al. Long-term effects of home visitation on maternal life course and child abuse and neglect fifteen-year follow-up of a randomized trial. Journal of the American Medical Association. 1997

2. Olds DL, et al. Preventing child abuse and neglect: a randomized trial of nurse home visitation. Pediatrics. 1986

3. Olds D.L., Robinson J., O'Brien, R. Home visiting by paraprofessionals and by nurses: a randomized, controlled trial. Pediatrics. 2002

4. Olds DL, et al. Effects of nurse home visiting on maternal life-course and child development: age-six follow-up of a randomized trial. Pediatrics. 2004

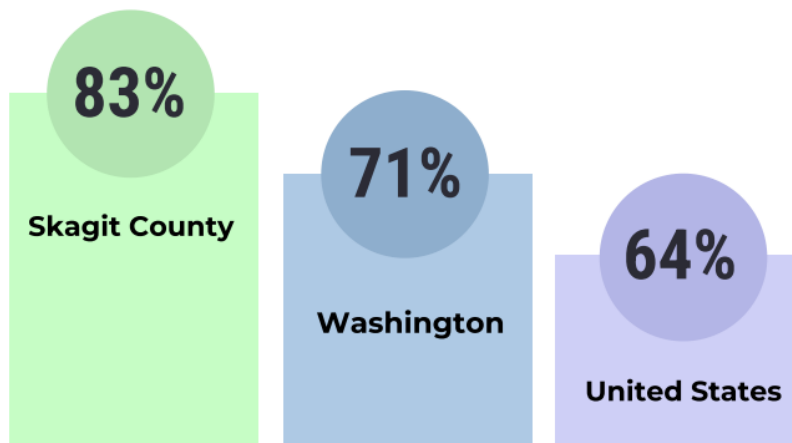
5. Olds, D.L., Henderson, C.R. Jr, Tatelbaum, R., & Chamberlin, R. Improving the delivery of prenatal care and outcomes of pregnancy: a randomized trial of nurse home visitation. Pediatrics. 1986

6. Olds, D.L., Eckenrode, J., et al. Long-Term Effects of Home Visitation on Maternal Life Course and Child Abuse and Neglect Fifteen-Year Follow-up of a Randomized Trial. JAMA. 1997

Skagit County Nurse-Family Partnership

Prevalence of Client Risk Factors -- January through March, 2024

The percent of clients who have 3 or more identified risk factors is higher in Skagit County than WA State and U.S.



Criteria assessed:

- Experienced increased susceptibility to negative outcomes due to age
- Experienced increased susceptibility to health disparities or inequities due to systemic racism
- Have increased socioeconomic challenges due to level of educational attainment
- Have increased socioeconomic challenges due to unemployment
- Currently experiencing severe economic hardship
- Experiencing or facing homelessness/ residential instability
- Have significant physical health concerns
- Have significant mental health concerns
- Have substance use/ misuse concerns
- At an increased risk of intimate partner violence
- Experiencing maladjustment to maternal role
- Have a developmental or intellectual disability/ limitation
- Previous CPS involvement or from foster care

SKAGIT

- **89%** Babies Born at a Healthy Weight
- **90%** Babies Born Full Term
- **93%** Mothers Initiated Breastfeeding
- **93%** Babies Received all Immunizations by 24 Months
- **67%** of clients 18+ were Employed at 24 Months



MANIFESTO

Behind great people, there is usually a great mother.
A mother who loved, supported and provided for her child.
But some mothers struggle to become great mothers.
They are weighed down by the burdens of circumstance:
Isolation, abuse, poor health and extreme poverty.
These mothers seek support to realize their motherhood.
We are a movement that awakens motherhood in women.
This is not a mere intervention. This is a revolution.
A revolution that's creating a better world.
A world full of great people raised by great mothers.





QUESTIONS?



Pregnancy Connections

Get connected with pregnancy related services and supports available to you in Skagit County!

There is something for everyone!

Call/text
(360) 770-7743
or scan the
QR code

